



# AVON HIGH SCHOOL BOOSTER CLUB

## Falcon 5k

**Sunday, October 30th 2016 at 8:15am**

*All proceeds benefit the Avon High School Booster Club which is dedicated to supporting AHS Athletics by enhancing school sports programs, promoting student-athlete sportsmanship, and inspiring community Falcon pride.*

WHERE: The Registration and Finish Line are located at Avon High School – 510 West Avon Road, Avon, CT

COURSE: This is a predominantly flat 3.1-mile course with one water station, splits, digital timing and computer results provided by *The Last Mile Racing*.

FACILITIES: Parking is at Avon High School (signs will be posted).

RACE DIRECTORS: Fernanda Jacobs 860-402-8499 [barreiros@sbcglobal.net](mailto:barreiros@sbcglobal.net) & Sue Davies 860-794-4379 [smcneelydavies@gmail.com](mailto:smcneelydavies@gmail.com)

T-SHIRTS: Available to the first 250 pre-registered runners (sign up by 10/22/16)

AWARDS: (must be present to win) Awards to the Top Male and Female overall and then the top three male and female finishers in these divisions (no duplicates):

Youth (0-12)	Teen (13-19)	Open (20-29)	Sub master (30-39)
Master (40-49)	Grandmaster (50-59)	Senior (60-69)	Exalted (70 and up)

RACE FEES: Students/seniors \$15 by 10/28/16 online or \$20 race day; Adults \$20 by 10/28/16 online or \$25 race day

Race Day Registration will be available at Avon High School on race day beginning at 7:15AM

**RUN IN COSTUME AND BE ENTERED IN OUR RAFFLE TO WIN FUN PRIZES**

**Online Registration available thru 10/28/16 at <http://lightboxreg.com/falcon-5k>**

Mail in Registration (Please Print Clearly):

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on 10/30/16 \_\_\_\_\_ Sex: M or F

Address: \_\_\_\_\_ City \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone No. \_\_\_\_\_ email: \_\_\_\_\_ T-shirt Size: S M L XL

In consideration of this entry being accepted. I do for myself, or any person or concern who may, on my behalf hereby hold harmless and release The Avon High School Booster Club, The Town of Avon, the State of Connecticut, The Last Mile Race Management Co, all sponsors, volunteers and race officials from any and all claims for personal injury, damages arising out of, or connected with, my participation in this event. I also understand that the course is open to vehicular traffic during the race, as well as other risks, including, but not limited to, falls contact with other participants, the effects of weather, and the conditions of the course. I am physically fit and I assume the responsibility for my own safety.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_  
 (Of parent or legal guardian if under 18)

Please make checks payable to: Avon H.S. Booster Club and mail with completed application to:  
AHS Booster Club 510 West Avon Road, Avon CT 06001