



SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE DECEMBER-2014



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Italian Meatballs w/Italian Sauce Rotini w/Italian Sauce Sicilian Blend Vegetables Italian Bread Sliced Peaches	2	Mariners Chowder Buttercrumb Fish Filet On Multi-Grain Roll Saltines Sweet Potato Fries Red/Green Cabbage Coleslaw w/Shredded Carrots Tartar Sauce Fresh Fruit	3	NATIONAL COOKIE DAY! Orange Juice Roast Turkey w/Gravy Cornbread Stuffing Cranberry Sauce Winter Squash 12-Grain Bread Cookie	4	Farmer Brown Soup Breaded Pork Steak w/Broth Scalloped Potatoes Succotash Saltines Outnut Bred Mixed Fruit	5	Stuffed Salmon Boat w/Lemon Sauce Brown Rice Pilaf Broccoli Normandy Whole Wheat Bread Pineapple Tidbits
8	Stuffed Cabbage w/Extra Tomato Meat Sauce Fluffy White Rice Vegetable Medley Rye Bread Sliced Pears	9	Vegetarian Vegetable Soup (Tuna Wrap) Tuna Salad Taco Wrap Saltines Marinated Bean Salad Potato Wedges Shredded Lettuce Sliced Tomatoes Apple Slices	10	Macaroni & Cheese Tossed Salad Greens w/Tomato & Cucumbers Ranch Dressing Stewed Tomatoes & Zucchini Club Roll Peaches	11	Apple Juice Sauerbraten w/Gingersnap Gravy Baked Potato Capri Blend Vegetables Pumpnickel Bread Rocky Mountain Pudding (Chocolate Pudding w/Marshmellows) w/Whipped Topping	12	Chicken Vegetable Soup Sesame Chicken Mashed Potatoes Cut Green Beans Whole Wheat Bread Tropical Fruit
15	Cheesy Vegetable Lasagna Spinach Salad w/Tomatoes & Cucumbers Italian Dressing Zucchini Squash Dinner Roll Mixed Fruit	16	Alaskan Pollock w/Seafood Sauce Wild Rice Spinach Oatnut Bread Peaches & Pears	17	CRT HOLIDAY MEAL Cran-Apple Juice Stuffed Chicken Breast w/Gravy Seasoned Baby Potatoes Vegetable Medley Wheat Dinner Roll Special Dessert	18	Roast Pork w/Gravy Mashed Sweet Potatoes Brussel Sprouts 12-Grain Bread Pineapple Tidbits	19	Orange Juice American Chop Suey Broccoli Florets Whole Wheat Bread Fresh Fruit
22	Russian Cabbage Soup Kielbasa Pierogies in Onion Butter Sauce Sauerkraut Mustard Rye Bread Fresh Fruit	23	Grape Juice Meatloaf w/Vegetable Gravy Garlic Smashed Potatoes Squash Medley Oatnut Bread Vanilla Pudding w/Whipped Topping	24	Minestrone Soup Grande Cheese Ravioli w/Tomato Sauce Spinach Salad w/Tomatoes & Cucumbers Italian Blend Vegetables Italian Dressing Whole Wheat Bread/Saltines Tropical Fruit	25	CLOSED IN OBSERVANCE OF HOLIDAY	26	CLOSED IN OBSERVANCE OF HOLIDAY
29	Swedish Meatballs Parslied Bowties Mixed Vegetables Whole Wheat Bread Sliced Peaches & Pears	30	Turkey Orzo Soup Baked Boneless Chicken w/Divan Sauce Mashed Potatoes Sliced Carrots Rye Bread Mixed Fruit	31	Orange & Cumin Rubbed Pork Oriental Rice Prince William Blend Vegetables Pumpnickel Bread Applesauce		SEASON'S	GREETINGS	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**