

**Hartford Hospital
Reiki Volunteer Program
Needs Your Help!**

Would you or someone you know, like to become a Reiki Volunteer at a Hartford Hospital with the opportunity to:

- Experience great personal rewards from sharing the gift of Reiki with patients
- Train in a hospital setting with highly qualified and skilled Reiki practitioners
- Learn Reiki from a Reiki Master and Teacher who is an R.N. with years of medical experience
- Gain confidence and competence through treating a wide variety and large volume of patients
- Assist medical providers in promoting healing for our patients, caregivers, and the community
- Help reduce stress, pain and fatigue while improving quality of life
- Enhance patient care by documenting Reiki treatments in the patient medical record
- Become involved in collecting valuable data that supports Reiki research

Did you know?

- Hartford Hospital's Reiki Volunteer Program began in 1998 and is the one of the longest running Inpatient Reiki programs in CT and throughout the country
- Many Reiki Programs have been modeled after Hartford Hospital's program
- This Program received awards from the American Hospital Association
- We have provided over 67,000 Reiki sessions in the past 16 years with ~ 3500 sessions yearly
- Volunteers have provided 54,244 hours of service representing \$1,299,642 in community value
- Reiki is performed in Hartford, hospital-wide and at the Cancer Center in Avon.
- Volunteers choose a service area (e.g. Oncology, Women's Health, Bone and Joint Center, etc.)

The Requirements: Trained in Reiki I or higher; compassionate and caring with good listening skills; initial interview; volunteer orientation and "on-boarding", two hospital review sessions, two shadowing sessions with experienced volunteers, approve by co-coordinators of Reiki Volunteer Program

For more information about becoming a Volunteer, please email eileen.pelletier@hhhealth.org and feel free to visit our Integrative Medicine website at www.harthosp.org/integrativemed.

**Please forward this flyer to friends, acquaintances, students, etc...
Thank you!**