



Dementia & Caregiving:

Focusing on the person while understanding the disease progression

- **Are you caring for someone with dementia?**
- **Do you want to learn more about the progression of the disease and helpful communication tips?**
- **Would you like to be able to recognize common behaviors and know how to respond?**

Join us for a free 5-week Series:

Wednesdays 1:00pm-2:30pm

July 12th

- Session 1: Overview of dementia

July 19th

- Session 2: Basics of communication and understanding behaviors

July 26th

- Session 3: Safety and how to structure daily activities

August 2nd

- Session 4: Caring for the Care-Partner

August 9th

- Session 5: Community resources

**Participants are encouraged to attend all five sessions*

PRESENTED BY:

Michelle Wyman and Patty O'Brian, Dementia Specialists
Hartford HealthCare Center for Healthy Aging

REGISTRATION REQUIRED:

Please call Avon Senior Center to RSVP:

860-675-4355

635 West Avon Road, Avon


**Hartford
HealthCare**
Center for Healthy Aging

