



The Lexington Group, Inc.

An International Employee Assistance Program

We're dedicated to providing employees and their families with caring and personalized services, to help them resolve any personal problem with dignity and respect.

Start the helping process now by calling 24/7 toll free:

1-800-676 HELP (4357) UNITED STATES

> 1-800-567-4343 CANADA

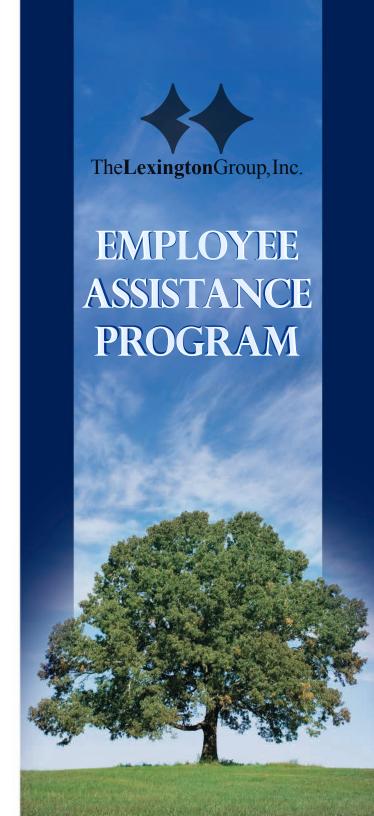
0-800-169-6706 ENGLAND

1-800-676-4357 PUERTO RICO

1-855-328-1185 CAYMAN ISLANDS

> 1-800-812-411 IRELAND

1-800-955-8339 TTY



www.The-Lexington-Group.com

Confidentiality

When your personal problems begin affecting your job performance, reaching out to the EAP for help is a positive step. Your job security or opportunity for promotion will not be jeopardized by a request for outside professional assistance because the EAP is a confidential clinical service.



It's Up to You

Lexington Group, Inc. Employee Assistance
Program is available to you and your
household family members 24 hours every day
to help with any concern,
large or small. Whether you call for
counseling, to locate a resource, discuss a
problem, or just talk to someone,
we're here to help.

TheLexingtonGroup,Inc.

Juggling everyday responsibilities, coping with changes and dealing with unexpected problems are a part of life. To help, your employer is making The Lexington Group Employee Assistance Program available to you and your household family members. The EAP provides professional and confidential assistance for virtually any personal problem such as:

- * Marriage and Family Concerns
 - * Grief and Loss
 - * Emotional Stress
 - * Addictive Disorders
 - * Stress at Work or Home
 - * Elder Care
- * Financial or Legal Resources

EAP Services include initial evaluation and assessment, treatment planning, short term counseling, referrals and coordination with your health insurance or community resources.





We Can Help

When you call The Lexington Group, Inc., toll free, a mental health professional will listen to your problem, ask a few questions, and refer you to an EAP Clinician at a convenient location. While many problems can be resolved through the EAP, sometimes a different type of treatment or setting is necessary and your EAP Clinician will refer you to the most appropriate resource. It's our job to help.

No Cost To You

The services provided directly by The Lexington Group, Inc. are available at no cost to you. All EAP counseling sessions are prepaid by your employer. If another qualified professional or specialist is needed for longer term treatment, we'll offer referrals that work with your health insurance.

