

## Youth Services Staff

Alan Rosenberg  
Director of Human Services

Suzi Alexe  
Youth Services Coordinator

### ~ Useful Links ~

Capital Area Substance Abuse Council:  
[www.casac.org](http://www.casac.org)

Department of Mental Health and  
Addiction: [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

Freedom from Chemical Dependency:  
[www.fcd.org](http://www.fcd.org)

National Alliance on Mental Illness  
(NAMI): [www.nami.org](http://www.nami.org)

Talking with Kids about Tough Issues:  
[www.talkingwithkids.org](http://www.talkingwithkids.org)

Time to Talk: [www.timetotalk.org](http://www.timetotalk.org)

The Sam Spady Foundation:  
[www.samspadyfoundation.org](http://www.samspadyfoundation.org)

The American Institute of Stress:  
[www.stress.org](http://www.stress.org)

The Community of Concern  
[www.thecommunityofconcern.org](http://www.thecommunityofconcern.org)



## Town of Avon Youth Services

60 West Main Street  
Avon, Connecticut  
06001

Office: (860) 409-4394

Fax: (860) 677-2847

Email: [salex@town.avon.ct.us](mailto:salex@town.avon.ct.us)

*Avon Youth Services Bureau was created to develop coordinated services and programs that respond to the needs of youth and their families by fostering Positive Youth Development.*

## Connecticut Youth Services Association (CYSA) Mission:

CYSA, the professional organization that serves as the collective voice of the Connecticut Youth Service Bureau system, is dedicated to promoting quality services for Connecticut's children, youth and families.

<http://www.ctyouthservices.org>

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## YSB (Youth Services Bureau)

YSBs are the lead local agencies in community planning, coordination and evaluation of primary, secondary and tertiary prevention and treatment services for at-risk youth and provision of opportunities for all youth to develop positively and function as responsible members of their communities.

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## Avon Youth Services

Avon Youth Services Bureau provides professional emotional, social and developmental support and assistance to youth and their families. Its objective is to provide services intended to advocate and amplify the healthy functioning of families. Further services provided:

- ❖ Short-term Youth and Family Counseling
  - ❖ Parent education
  - ❖ Youth Advocacy
  - ❖ Positive Youth Development
  - ❖ Teen Advisory Board
  - ❖ Teen Activities
  - ❖ Community Service
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## Ongoing Programs



The Peer Mentoring / Tutoring Program

Avon Middle and High Schools

Friendly Outreach at Avon Middle School



The Pen Pal Club at Thompson Brook School

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## Counseling Sessions

The Avon Youth Services Bureau also serves as a resource for children and their families by providing emotional support through brief assessment, short term counseling, and referral services, at the Avon Town Hall (by appointment only).