

Dementia Support Group

Specially Designed for Families and Caregivers



If you are caring for someone with dementia,
who is caring for you?

You are not alone. This informational, supportive group will help you to learn more about the disease as well as understand their feelings about the changes dementia has made on their daily lives. Support groups can also help you:

- Learn practical caregiving information
- Get mutual support
- Learn about your local community resources
- Find solutions to challenging behaviors

**Every Second
Monday of the
Month**

12:00 pm to 1:00 pm
Lunch provided

**Every Fourth
Wednesday of the
Month**

6:15 pm to 7:15 pm
Refreshments provided

Events to be held at:
Arden Courts of Avon
100 Fisher Drive
Avon, CT 06001
(860) 678-7500

RSVP Today!

(860) 678-7500

Avon@arden-courts.com

At Arden Courts we offer:

- 100% Dedicated Memory Care
- Safe, secure indoor/outdoor walking paths
- Nursing services on-site



arden-courts.com



Arden Courts 
Memory Care Community