## **Grieving and Growing**



The loss of a loved one can look different for everyone.

Let our team help you on your journey to new beginnings. This group is led by our professionals and designed to support you with education, resources, and a safe place to listen and share.

## Presented by:

Mike Covault, LCSW, and Savannah Ponder, MDiv.



RSVP to The Residence at Brookside 860-284-5000 rbreception@residencebrookside.com

## Independent, Assisted & Memory Care Living



117 Simsbury Road, Avon, CT 860-284-5000 www.residencebrookside.com