



Avon YSAB/ LPC/ COC

June 7, 2023
6:30PM- 8:00 PM

Meeting Minutes

Meeting called to order at 6:40 by Suzi Alexe, Youth Services Coordinator

I. Welcome and Introductions - Communication from the audience

Suzi introduced the new attendees to the meeting, Eli Devito, AMS student, Tristan Lee, AMS student, Lili Daoud, LCSW, Abe Daoud, MD and Jamaal Lee AHS Vice Principal.

II. YSB Coordinator update of Programs and Local Prevention Council

- **Review of Vaping Program AHS with Vicky Adams, Southern Ct State University**

Ongoing collaboration with Victoria Adams, Tobacco Program Coordinator from Southern Connecticut State University.

- **QPR and Youth Mental Health First Aid with Justine Ginsberg (FVHD) and APL**

There were 26 participants.

- **Mental Health/Self Care Programming partners APL and AYS**

Cookies and Coloring: Self-Care Edition, was a time to take a break and relax after school with music, cookies and coloring sheets, & have a casual chat about some wonderful teen books that include depictions of mental health.

- **Calm Kits**

Calm kits contained stress reducing items such as stress balls, coloring sheets, snacks, and information on mindfulness and handling stress. The items were donated by Avon Youth Services and the kits were assembled by the Avon Library Teen Advisory Board

- **Programs for Pride Month, Juneteenth, Interval House Programs for Youth**
2nd annual pride block party was held on June 1, 2023, at the West Avon Congregational Church for Youth and Families.

Interval House held a healthy relationships teen program on June 8, 2023

Pride paint night was held on June 13, 2023, and Pride Book Talk was held on June 21, 2023.

III. Board Member Updates

Two of our members are graduating seniors, Makena Logan and Liam Alexe, they were thanked for their contributions and service to the Board. A new Board member, Jamaal Lee, Vice Principal of the Avon High School was welcomed to his first meeting.

IV. Input from Student Leaders regarding topics that concern Youth

New students attending tonight's meeting were introduced.

V. Avon Police Department Update and JRB

a. Partners in Prevention / Truancy / School Refusal Behaviors

There are 6 active cases

b. First Responder Camp July 17-19th 2023 for teens entering 9th and 10th Grade

The camp is full and had 24 students attending.

VI. Planning for upcoming programs: Mentoring Programs/Positive Youth Development/Wellness would like to develop a committee to assist comprised of Youth and Adults similar to TAB (Teen Advisory Board).

Suzi asked the teens present at the meeting if they would like to join her at the Future Prevention Leaders Youth Conference hosted by Governor's Prevention Partnership, on Friday June 23rd at Central Connecticut State University. It is a full-day event is designed for high school-aged leaders from Connecticut to empower themselves through networking, learning, and camaraderie with like-minded peers in a stimulating and interactive environment. She asked that those interested reach out to her by email and to also ask their peers if they were interested. The information will also be in the 6/9/23 Friday Flyer at the high school.

VII. The meeting adjourned at 8:00pm

Next meeting: TBD